



The Maryland State Medical Society

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MEDCHI IS PARTICIPATING IN NATIONAL BREAST CANCER AWARENESS MONTH

BALTIMORE, October 16, 2019 — This October, MedChi, the Maryland State Medical Society, is proud to participate in National Breast Cancer Awareness Month. After skin cancer, breast cancer is the most common cancer among American women. About 1 in 8 women born today in the United States will get breast cancer at some point in her life and MedChi wants to bring awareness to this disease.

According to the National Breast Cancer Foundation, Inc., (www.nationalbreastcancer.org) an estimated 268,600 new cases of invasive breast cancer will be diagnosed in women in the U.S. in 2019. While most people are aware of breast cancer, many forget to take the steps to have a plan to detect the disease in its early stages and encourage others to do the same.

If you are a woman age 40 to 49, it is important to talk with your doctor about when to start getting mammograms and how often to get them. If you are a woman age 50 to 74, you should get a mammogram every 2 years. You may also choose to get them more often. Although uncommon, males can get breast cancer as well and your chance of breast cancer increases as you age. The peak age of male breast cancer occurs between the ages of 68 and 71.

MedChi President, Dr. Benjamin Stallings, M.D., urges everyone to talk to a doctor if they notice any unusual signs or symptoms that worry them. You should also talk to your doctor about your risk for breast cancer, especially if a close family member had breast or ovarian cancer. Together you can decide when and how often to get mammograms.

About MedChi

MedChi, The Maryland State Medical Society, is a non-profit membership association of Maryland physicians. It is the largest physician organization in Maryland. The mission of MedChi is to serve as Maryland's foremost advocate and resource for physicians, their patients and the public health of Maryland. For more information, please visit www.medchi.org.